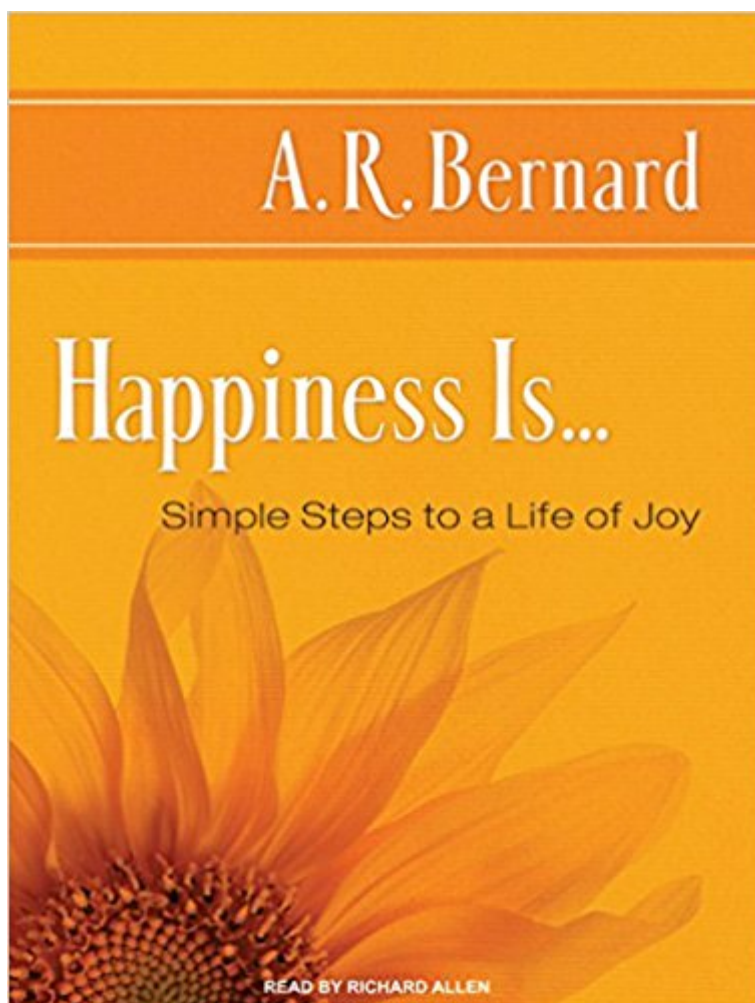


The book was found

# Happiness Is...: Simple Steps To A Life Of Joy



## Synopsis

A. R. Bernard, the founder and spiritual leader of the 26,000-member New York Christian Cultural Center, presents an inspiring examination of happiness: what it is, how to find it, and how to keep it. If money doesn't win happiness, then what does? Drawing on scripture, common sense, and inspirational quotes from an array of celebrities-including Maya Angelou, Mother Teresa, Quincy Jones, and Oprah Winfrey-Happiness Is... is a powerful program that can help anyone escape from the grip of negativity and achieve the spiritual prosperity that can only come with discipline and wisdom. "Happiness isn't a commodity that can be purchased in a store," counsels Bernard. "It's a by-product of the way you choose to live and the things you choose to think." Happiness Is... teaches listeners not to worry about what they can't control, inspiring them instead to use the talents that God has already given them-and to infuse every day with the faith that enables them to lead purposeful, principled lives. "Are you willing to celebrate your life today?" Bernard asks. "God's love for you is infinite. Accept it joyfully...and be happy. Now."

## Book Information

Audio CD

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Average Customer Review: 4.2 out of 5 stars 15 customer reviews

Best Sellers Rank: #13,567,903 in Books (See Top 100 in Books) #95 in Books > Books on CD > Religion & Spirituality > Inspiration #6261 in Books > Books on CD > Health, Mind & Body > Personal Growth #6285 in Books > Books on CD > Health, Mind & Body > Self Help

## Customer Reviews

The Reverend A. R. Bernard is the founder and CEO of the Christian Cultural Center and founder of the Brooklyn Preparatory School in New York City. Richard Allen is a five-time Audie-nominated narrator whose work has been acknowledged on the Best Audiobooks Lists for Audiofile and Library Journal.

Gave as gift.

Great author!

It was more "preaching" than actual reflection.

I bought two copies of this book. I didn't realize it was more for reflection than just a straight-through read. Pastor Bernard is a very insightful preacher. If you're looking for reflective reading at the start, middle or end of the day this is a good pick. The cover is cheery and makes a nice table focal piece.

My Pastor

Great book

I like this book. I have not had a chance to finish reading it, but I am looking forward to reading all of it.

i am enjoying this book

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